

Youth Informed Asset Form
Examining Healthy Living Training in a Youth Recreation Program

We are inviting you to participate in this study because you are a participant of the *Health Rocks!*[®] training and youth recreation program, and we are interested to know what you have learned.

Two surveys will ask you questions about your knowledge, attitude, skill and/or behaviors, one before *Health Rocks!*[®] training and recreation program activities and the other after the *Health Rocks!*[®] training and recreation program activities. The survey questions deal with knowledge, attitudes, skills and/or behaviors related to tobacco, alcohol, and other drugs, recreation program activities, and about your free time. A few questions ask about things like your age, gender, race, and ethnicity. Each survey mainly consists of thirty-nine 4-point scale questions. It will take about 15-20 minutes to complete each survey.

One-on-one interviews will be conducted by Mr. Daniel S. Payzant with randomly selected participants in a recreation center meeting room. All participants will have an equal chance to be selected, but not everyone will be interviewed. If you are selected for an interview, you will be asked eight questions about *Health Rocks!*[®] training and other recreation program experiences. The interview will last approximately 30 minutes. Interviews will be audio taped.

There are no known risks or discomforts associated with this evaluation. If you ever feel uncomfortable with some questions in the survey or interview, you can stop at any time. There are no direct benefits to you in this evaluation project. Hopefully, it may help you think about what you have learned from *Health Rocks!*[®] training and recreation program activities.

The survey and interview are confidential. Your answers will not be linked to your name. The data, attendance sheet, and any audiotape recordings will be stored in a locked cabinet in the evaluator's office. Only Mr. Daniel S. Payzant and Dr. Yan Ruth Xia can access the data, attendance sheet with your ID number, and audiotapes. Mr. Daniel S. Payzant plans to share his findings in a school paper. We may also share our findings with others at meetings or in articles. Results will be reported without names and characteristics that might cause others to be able to identify you.

You can ask any questions about this project and have them answered before agreeing to participate in, or during, the study. You can ask Mr. Daniel S. Payzant by email (dpayzant@lincoln.ne.gov) or phone (402-441-7954) and Dr. Yan Ruth Xia by email (rxia2@unl.edu) or phone (402-554-3259). If you have any questions about your rights as a evaluation participant that have not been answered by the evaluators or to report any concerns about the evaluation, you may contact the University of Nebraska-Lincoln Institutional Review Board by phone (402-472-6965).

You are free to decide whether or not you will participate in this evaluation study. You may also stop answering questions that make you feel uncomfortable at any time without negatively affecting your relationship with the training leaders or the youth recreation program. Your decision will not result in any loss of benefits that you have or are entitled to.



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Valid Until: 07/01/2011

DOCUMENTATION OF INFORMED ASSENT

You are voluntarily making a decision whether you wish to participate in this research project. Your signature shows that you have decided to participate having read and understood the information given above. You will be given a copy of this assent form to keep.

Name (Print)

Signature of Participant

Date

To the best of my knowledge the individual named above is voluntarily and knowingly giving informed assent to participate in this research study.

Signature of Principal Investigator

Date

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